# THE FLASH

## FAMOS Newsletter

### Filipino-American Military Officers Association

### Celebrating the Past & Inspiring the Future

**FAMOS – Established in April 1990**

March 2015 | http://www.famosusa.org | Volume 1 | Issue 1


## President's Message

**CAPT ELSA P. ANG**
**MC, USNR, RET**

This is my second year as president of the 25-year- old FAMOS and certainly I can say I have enjoyed the challenges to my leadership style.

I retired in 2005 from both my medical practice and military service. My family had spent three years in Camp Pendleton, CA so I was convinced that the life style, climate and numerous activities for senior citizens in San Diego were most suitable to an enjoyable life in retirement. In 2008 we bought a small retirement condo between heaven and health. I always tell my friends from outside San Diego to look for me in the area between the Mormon Temple ( Heaven) and the VA Medical Center ( Health). Our home is in an excellent location which is very easy to find and close to everything.

I strongly believe in giving back to the community and in sharing my blessings in time, talents and treasure with others. In 2010 -2011 I served as the first female, Filipino President of the Miramar Chapter, Military Officers Association of America. It is the largest and the most active among the six chapters in San Diego. In 2014, I was requested and I accepted the challenge to serve as President of FAMOS.

I am impressed with the excellent military background and the exceptional talents of the board members in particular and the membership in general. I only have to ask and things get done. That is pretty impressive . Of course, there are those who are always tuned into WIIIFM; meaning "What Is In It For Me?" Fortunately, they are the exceptions.

We have just started 2015. Help me to make FAMOS survive and be an asset to San Diego. Let us celebrate the past and the people who had led us. Let us inspire the future leaders of the Filipino American Military Officers Association.

MABUHAY !

CAPT Elsa Peñaranda Ang, MC, USNR, Ret.

## Executive Council Meetings

**Meetings are held on the first Saturday of the month from 1300 to 1500 at 1341 East 8th Street, Suite A, National City, CA 91950**

## Coming Events

**March 7th** – General Membership meeting and fund-raising trip at Golden Acorn Casino

**April 4th -** FAMOS Plaque dedication/installation at Mount Soledad

**April 25th** – FAMOS 25th Gala Anniversary

**May 2nd** – Free guided tour of the Miramar National Cemetery

**June 20th** – Wounded Warrior Project event in collaboration with FASCA and Samahan Dance Troup at James Madison High School

## Publication

**THE FLASH** is the **FAMOS Newsletter** published quarterly by the Filipino-American Military Officers Association. It is distributed free to all members. **FAMOS** is a non-profit, educational and public benefit association under Section 501(c) (3) of the U.S. Internal Revenue Code.

Readers are invited to send comments, news items and relevant articles to the editorial staff.

**Editor: Manny Supnet, CWO4, USN, Ret.**
(Email: w4supnet@aol.com)

**Associate Editor: Teddy C. Datuin, CW5, USA, Ret.**
**(**Email: tcdatuin@gmail.com)

**Associate Editor: EMCS(SS) Jay Ruiz, Sr., USN, Ret.**
(Email: juvigar@aol.com)

## Editor's Note:

***This is the first issue of THE FLASH. Subsequent issues will be published quarterly for the members free of charge. Henceforth, THE FLASH shall unofficially serve as a social medium to disseminate matters of interest and relevance to the members and their families. Now and then, it would feature certain members.***

***In retrospect, our prolific President, CAPT Elsa P. Ang, USNR,Ret. had initially asked me to be the editor of a discontinued FAMOS Newsletter that was then being revivified. She had suggested to name it FAMOS FLASH to differentiate it from the FAMMOS Newsletter that is published by the Filipino-American Military Medical Officers Society. At the end of the day, our FAMOS newsletter was named THE FLASH and subtitled FAMOS Newsletter.***

***I have humbly accepted the editorship with nostalgia. I used to be an enlisted Navy journalist a very long time ago. I had served consecutively as the editor of three different newspapers at the Quonset Point Naval Air Station in Rhode Island, on board the aircraft carrier Forrestal while deployed in the Mediterranean and at the Military Sea Transportation Service (MSTS) in Yokohama, Japan.***

***Those were the days when computers were only known to aliens from outer space. Today, there are two computer experts from the planet Earth to help me. They are CW5 Teddy Datuin, USA Ret. who is one of our three elite PROs and EMCS(SS) Ray Ruiz, Sr., USN, Ret., our efficient Secretary. Both have accepted their posts as associate editors. Teddy already has proficiently devised a viable template for THE FLASH.***

***At this juncture, I ardently wish to invite you, my fellow members to support our newsletter by contributing feature or news articles. If you can come up with the four W's; the Who, What, Where and Why, you have a news article. Please write it down and email it to Teddy at tcdatuin@gmail.com or to Jay at juvigar@aol.com or to me at w4supnet@aol.com. Submitted articles are edited if and when necessary.***

***Please know by heart that THE FLASH is our newsletter. Its existence is contingent upon our combined and genuine support. The proverb "United we stand, divided we fall" is germane.***

***All the best,***

***Manny***

## The FAMOS President:

Captain Elsa Peñaranda Ang, MC, USNR, RET. became the first woman, first doctor of medicine and first Navy Captain to be inaugurated President of the Filipino-American Military Officers Association at a ceremony at the Miramar Commissioned Officers' Club on April 24, 2014 She also holds the distinction of being the first female Filipino President of the Military Officers Association of America, Miramar Chapter, the largest of six chapters in San Diego County.

An M.D. graduate of the Far Eastern University in Manila, the multiple "firsts" achiever initially joined the Navy as LCDR, MC, USNR in July 1976 after she completed training in Anatomic and Clinical Pathology at Wayne University, Detroit, MI. She reported to her first duty station at the Naval Regional Medical Center at Camp Pendleton, CA where she supervised Cyto-pathology and Surgical Pathology Services until June 1979.

She completed her three-year contract with the Navy in March 1980 and went to work for the Kern Medical Center at Bakersfield, CA. Ironically, her supervisor in the Microbiology Department was a Navy Master Chief who convinced her to join the Naval and Marine Corps Reserve Center in Bakersfield as a drilling reservist.

She did join and in November 1981 she was promoted to Commander, USNR. She assumed command of the Naval Reserve Naval Weapons Center Branch, Clinic 119. Under her leadership, the Medical Unit achieved the highest readiness, R1, from a previous lowest rate of R4 in Region 19. Furthermore, it was selected as the only Medical Unit in Region 19 to handle the Medical Aid Station and evacuation of mass casualties during the International Naval Review from June 23 to July 8, 1986 in conjunction with the celebration of the 100th birthday of the Statute of Liberty in Brooklyn, New York.

On July 1, 1987, the prolific skipper was promoted to CAPTAIN, USNR. On August 24, 1990, 22 days after the invasion of Kuwait by Saddam Hussein, CAPT Ang was called to active duty and placed on standby alert with her Dental Corps Officer and all her enlisted personnel. In October 1991 the Desert Storm veteran took command of the Naval Reserve Hospital San Diego Det. 819. In December 1992, she was transferred to the Naval Reserve Hospital Camp Pendleton Det. 219. In October 1993, she became the executive officer of Naval Reserve Naval Hospital Camp Pendleton Det. 819 which drilled at Santa Barbara and later at Port Hueneme.

CAPT Ang retired from the Navy on January 1, 1997 after 20 years of service, three years of which were on active duty and 17 years as drilling Naval Reserve Medical Officer. Her annually required two weeks of active duty had taken her all over the USA.

Before her retirement, she served in five different selection boards for promotion, ranging from LTJG to CAPTAIN in the Reserve Medical Corps and Reserve Medical Service Corps.

CAPT Ang's ability to excel has been manifest since her child-hood. She was the valedictorian in both elementary and high school at Western Leyte College, Ormoc City. For Academic Excellence, she was awarded a gold medal.

The repetitive valedictorian was born and raised in Leyte, Philippines where General Douglas MacArthur landed to fulfill his monumental promise to return. She is the eighth of nine children of Jose Bonite Peñaranda and Margarita Manago Malinao. Her father was a public school district supervisor of Western Leyte. Her mother was a farmer's daughter whose early marriage precluded her from furthering her two years of college. But she was a strict disciplinarian and aspired to have all her children finish college. Her aspiration prevailed. All nine children have college degrees.

(continued on 8th page)

# FAMOS COMMUNITY EVENTS

***FAMOS OFFICERS & MEMBERS at the "Spirit of '45 Day" National Day of Remembrance celebration on Sunday, August 10, 2014 at the Veterans Museum & Memorial Center at Balboa Park, San Diego, CA.***

***CAPT Elsa P. Ang & husband Roger T. Ang representing FAMOS at the Fifth Annual Veterans Appreciation Dinner on Sunday, January 25, 2015 at Kristy's MVP Championship Grill in San Diego, CA.***

***CAPT Elsa P. Ang receiving an achievement certificate from Lions District 4-L6 Diabetes Awareness Chairperson COL (Dr.) Ceferina Ruiz for FAMOS' participation during the "Strides" event on November 23, 2014 at the NTC Liberty Station in San Diego, CA.***

# FAMOS COMMUNITY EVENTS

## FILIPINO-AMERICAN MILITARY OFFICERS ASSOCIATION

**2015 OFFICERS**

CAPT ELSA P. ANG
USN, RET.

CWO4 MANUEL P. SUPNET
USN, RET.

CAPT TED J. CAMAISA
USN, RET.

CWO4 OSCAR GARCIA
USN, RET.

EMCS(SS) JAY RUIZ, SR.
USN, RET.

CWO2 ERNESTO LIWAG
USN, RET.

CDR ALBERTO CRUZ
USN, RET.

CW5 TEDDY C. DATUIN
USA, RET.

CAPT WINNIE MANECLANG
USN, RET.

CDR BIENVENIDO VALERIO
USN, RET.

*Founded in April 1990 by Filipino - American commissioned officers of the United States Armed Forces in San Diego County to unify and inspire their endeavors toward the accomplishment of common goals.*

SCHOLARSHIPS . EDUCATIONAL OUTREACH . CIVIC PARTICIPATION

**The plaque will be installed at the Mount Soledad Veterans Memorial in La Jolla, CA on Saturday, April 4, 2015 in commemoration of the 25th anniversary of FAMOS.**

**Mount Soledad is an 822-foot hill in La Jolla. It is topped by a huge concrete cross first built in 1933 and since has been rebuilt twice. Legend has it that it was constructed as a signal that the Jews were not welcome in La Jolla. It was challenged in court during the late 1980s. Thereafter, the site was designated a Korean War Memorial and eventually named Mount Soledad Veterans Memorial. The cross has been the center of a controversy over the display of a religious symbol on government property. The dispute is well known around the world.**

# FAMOS COMMUNITY EVENTS

The Officers And Members Of

**THE FILIPINO-AMERICAN MILITARY OFFICERS ASSOCIATION**

Cordially Request The Pleasure Of Your Company

To Our

## 25th GALA ANNIVERSARY

from 1800-2400 hours on April 25, 2015 at the
Town & Country Convention Center
California Ballroom
500 Hotel Circle North, San Diego, CA 92108
Phone No. 619-502-7021

By Invitation Only

Please RSVP by April 18, 2015
Please Call
CWO4 (Ret) Oscar Garcia: 619-482-9680,
CWO2 (Ret) Ernie Liwag: 619 690-2157, or
CDR (Ret) Benny Valerio: 619-421-1571

Formal Attire: Dinner/Mess Dress or Black Tie

Entertainment: DJ & L I V E B A N D

Donation: $55.00

*FAMOS Invitation to its 25th Gala Anniversary*

## FILIPINO-AMERICAN MILITARY OFFICERS ASSOCIATION

*Founded in April 1990*

MEMBERSHIP RENEWAL/APPLICATION

Regular ( ) Associate ( ) Honorary ( ) Student ( )

Name: _____ Spouse: _____

Rank & Military Branch: _____ Commissioning Source: _____

Address: _____

Telephone: H: _____ W: _____ C: _____

E-mail: _____ DOB: _____ (Mo & Yr)

Children (Optional): _____

_____

Designator/MOS: _____

Duty Station: _____

Billet: _____

Educational Background (Optional): _____

Yearly Membership Fees Attached – Circle One

Regular - $25.00 Associate (Spouse of Military Officer) - $25.00 Student & Honorary – Free

Signature: _____ Date: _____

Please mail your application with appropriate fees to:

F A M O S • 8850 Villa La Jolla Drive #215 • La Jolla, CA 92037

*For more information visit our Website at www.famosusa.org*

**FAMOS Membership Renewal/Application Form. Please visit www.famosusa.org for additional information.**

**The FAMOS President:** (continued from 3rd page)

Two are MDs, one RN, one mechanical engineer, one CPA, one PhD in Math and three are elementary public school teachers.

At age 23, the soon-to-be doctor exchanged matrimonial vows with a dashingly handsome professional Mechanical and Electrical Engineer, Roger Tayson Ang. Their matrimony seemingly was only yesterday but already they celebrated their 50th wedding anniversary last June 14 at the Bali Hai at Shelter Island in San Diego. They have three children: David P. Ang, M.D.; Roger P. Ang, Ph.D. in Information and Computer Science, and Nadezma Lyn Ang-Peng, M.D. They have four grandchildren: Christian at the Maritime Academy, Vallejo; Amanda at Redlands U. majoring in Speech Pathology, Madeline, third year High School, Aptos, CA and Mace Peng who just turned two years old and lives in Hilo, HI.

Believing the Vietnam War would offer them an opportunity to seek a better life in the USA, they arrived here in 1970. They started in Elizabeth, NJ where she would complete a one-year rotating internship and onto Michigan in 1972 and California in 1976.

In 1979, they would settle in Bakersfield, CA. Her husband would retire from Chevron in 1998. She would retire from the practice of Pathology in 2005. Three years later, they would return to San Diego for good.

CAPT Ang's other positions of leadership consist as follows: Human Relations Commissioner, Kern County; President, Kern County Medical Society, Bakersfield; President, Filipino Community, Bakersfield; and President, Business and Professional Women's Organization, Bakersfield.

Her other awards and recognitions include the following: International Woman of the Year, Medicine, Bakersfield; Letter of Commendation for community service as a foreign born physician from the Honorable Dean Florez, 16th Senatorial District and the Honorable Roy Ashburn, 18th Senatorial District; Most Outstanding Physician in Kern County and Most Outstanding Alumna, Cebu Institute of Technology Alumni Association of Southern California.

## CURRENT OFFICERS

### PRESIDENT

**CAPT Elsa P. Ang, MC, USNR, Ret.**
Email: roger0461@att.net

### 1ST VICE PRESIDENT

**CWO4 Manuel Supnet, USN, Ret.**
Email: w4supnet@aol.com

### 2ND VICE PRESIDENT

**CAPT Ted J. Camaisa, DC, USN, Ret.**
Email: tjamcam@yahoo.com

### 3RD VICE PRESIDENT

**CWO4 Oscar S. Garcia, USN, Ret.**
Email: ogarcia18@cox.net

### SECRETARY

**EMCS(SS) Jay Ruiz, Sr., USN, Ret.**
Email: juvigar@aol.com

### ASSISTANT SECRETARY

**Mrs. Susan Cruz**
Email: susancruzrealty@gmail.com

### TREASURER

**CWO2 Ernesto Liwag, USN, Ret.**
Email: ernieliwag@gmail.com

### ASSISTANT TREASURER

**Mrs. Nancy Valerio**
Email: nancyv1961@yahoo.com

### AUDITOR

**CDR Alberto Cruz, USN, Ret.**
Email: albertocamarocruz@gmail.com

### PUBLIC RELATIONS OFFICERS

**CAPT Winnie Maneclang, USN, Ret.**
Email: wvarleymd@cox.net

**CDR Benny Valerio, USN, Ret.**
Email: valeriobenny@gmail.com

**CW5 Teddy C. Datuin, USA, Ret.**
Email: tcdatuin@gmail.com