



MILITARY SERVICE OF CAPTAIN ELSA PENARANDA ANG, MC, USNR-RET

1. JULY 1976: JOINED THE MEDICAL CORPS U.S. NAVAL RESERVES AS LCDR AFTER COMPLETING TRAINING IN ANATOMIC & CLINICAL PATHOLOGY AT WAYNE STATE UNIVERSITY, DETROIT, MICHIGAN. BOARD CERTIFIED IN ANATOMIC AND CLINICAL PATHOLOGY; SPECIAL ROTATION IN FORENSIC PATHOLOGY UNDER DR. WERNER SPITZ, FELLOWSHIP IN NUCLEAR MEDICINE AND ULTRASOUND UNDER DR. EDWARD POWSNER, V. A. HOSPITAL, ALLEN PARK, MICHIGAN. FLEX MEDICAL LICENSURE WITH RECIPROCITY IN ALL 50 U.S. STATES.
2. 1976 TO JUNE 1979: STAFF PATHOLOGIST AT NAVAL REGIONAL MEDICAL CENTER, CAMP PENDLETON, CA. SUPERVISED CYTOPATHOLOGY AND SURGICAL PATHOLOGY SERVICES.
3. MARCH 1980: AFTER COMPLETION OF HER THREE CONTRACT WITH THE US NAVY. DR. ELSA ANG JOINED THE PATHOLOGY DEPARTMENT OF KERN MEDICAL CENTER, BAKERSFIELD, CA. HER SUPERVISOR IN THE MICROBIOLOGY DEPARTMENT WHO WAS A MASTER CHIEF (E-9) CONVINCED HER TO JOIN AS A DRILLING RESERVIST AT THE NAVAL AND MARINE CORPS RESERVE CENTER, BAKERSFIELD.
4. NOV. 19, 1981: DR. ANG WAS PROMOTED TO COMMANDER U.S. NAVY RESERVES. SHE WAS THE C. O. OF THE NAVAL RESERVE NAVAL WEAPONS CENTER BR. CLINIC 119. UNDER HER LEADERSHIP THE MEDICAL UNIT ACHIEVED THE HIGHEST READINESS (R1) FROM A PREVIOUS LOWEST RATE OF R4 IN REGION 19. NNRWCBRCL -119 WAS SELECTED AS THE ONLY MEDICAL UNIT IN REGION 19 TO HANDLE THE MEDICAL AID STATION AND EVACUATION OF MASS CASUALTIES AT THE INTERNATIONAL NAVAL REVIEW CELEBRATING THE 100TH BIRTHDAY OF THE STATUE OF LIBERTY, BROOKLYN, NEW YORK 23 JUNE TO 8 JULY 1986
5. 1JULY 1987: PROMOTED TO CAPTAIN U.S. NAVAL RESERVES.

6. 24 AUGUST 1990: THE MEDICAL UNIT NOW NAMED NAVAL RESERVE NAVAL HOSPITAL SAN DIEGO WAS CALLED TO ACTIVE DUTY WHEN SADDAM HUSSEIN INVADED KUWAIT NOW KNOWN AS THE “ DESERT STORM” CAPT. ANG WAS PLACED ON STAND BY ALERT ALONG WITH HER DENTAL CORPS OFFICER . ALL THE ENLISTED PERSONNEL IN HER UNIT WERE CALLED TO ACTIVE DUTY.
7. OCT. 1991: BECAME THE C.O. OF NAVAL RESERVE NAVAL HOSPITAL SAN DIEGO DET. 819 AND THE UNIT WAS RE-ORGANIZED AFTER DESERT STORM.
8. DEC. 1992: CAPT. ANG WAS ASSIGNED TO NAVAL RESERVE NAVAL HOSPITAL CAMP PENDLETON DET. 219 . THE UNIT DRILLED AT CAMP PENDLETON,CA
9. 1 OCT. 1993: BECAME EXECUTIVE OFFICER OF NAVAL RESERVE NAVAL HOSPITAL CAMP PENDLETON DET. 819 DRILLING AT SANTA BARBARA, CA THEN AT PORT HUENEME.
10. JAN 1997: RETIRED AFTER TWENTY YEARS OF SERVICE. THREE YEARS ACTIVE DUTY AND 17 YEARS AS DRILLING NAVAL RESERVE MEDICAL OFFICER.
11. High lights: In addition to the required two weeks active duty annually which took Capt. Elsa Ang all over U. S .A. she was selected to serve in five promotion boards in Arlington, Virginia:
 - A. 1 Feb to 12 Feb. 1982: Promotion of Reserve Medical service corps from LTJG to LT; MSC LT. to LCDR. Promotion of Reserve Medical corps LT. to LCDR.
 - B. 15 Sept to 27 Sept. 1985; second selection board duty at Arlington, Virginia. Promotion of Reserve medical corps LT. to LCDR.
 - C. 12 June to 24 June 1988: Third selection Board duty. Active duty medical corps LT to LCDR. Only 372 officers were selected to the next higher rank out of 700 candidates. REP (recommended for early promotion) and poorly written fitness evaluations really came into significant influence on whether we would push the GREEN button for YES or the RED for NO promotion.
 - D. 25 June to 28 June 1990: Fourth selection board duty. Reserve Medical Corps LT to LCDR.
 - E. 17 May 1992: Fifth Selection Board duty, Arlington, Virginia. Reserve Medical Corps CDR to CAPT.

ALL ABOUT MY CIVILIAN LIFE:

I was born and raised in the famous island of Leyte, Philippines. Ormoc City is just a few miles from Palo, Leyte where General Douglas Mac Arthur landed to fulfill his promise “I shall Return” I am the 8th child of the nine children of Jose B. Penaranda a public school district supervisor of Western Leyte. My mother was a farmer’s daughter who only finished second year college because she married my father. She was a strict disciplinarian and her only dream was that all her nine children would finish college. We all did. There are two M.D.s, one RN, one Mechanical engineer; one CPA, one PHD in mathematics and the rest are elementary public school teachers. I graduated Valedictorian in both Elementary and High Schools at Western Leyte College, Ormoc City, Leyte and was awarded a gold medal for Academic Excellence. I obtained my medical degree from Far Eastern University at the age of 25 yrs. And was married to my handsome professional Mechanical and Electrical Engineer at age 23. My first child was born when I was on 24 hour duty as an intern in Obstetrics and Gynecology, Far eastern University Hospital, Manila, Philippines.

The Vietnam war offered a great opportunity for us to seek a better life in U.S.A. Roger & I arrived in USA in 1970. We started in Elizabeth, New Jersey where I completed a one year rotating internship then to Michigan in 1972 and then California in 1976.

After the Navy we settled in Bakersfield, CA in 1979. I retired from the practice of Pathology in 2005 and Roger retired from Chevron in 1998. We returned to San Diego in 2008. I had served in several positions of leadership which included the following:

2010-2011: President, Miramar Chapter, Military Officers Association of America,

2002-2004: Human Relations Commissioner, kern county, CA

2000: President of the kern county Medical Society, Bakersfield, CA

1999: President of the Filipino Community of Bakersfield, CA

1988: President of the Business and Professional women's organization, Bakersfield, CA

AWARDS:

2012: Community service, San Diego Filipino American Humanitarian Foundation, Inc.

2006: International Woman of the Year, Medicine, Bakersfield, CA

2006: Letter of commendation for community service as a foreign born physician from the
The Honorable Dean Florez, 16th Senatorial District and the Honorable Roy Ashburn,
18th Senatorial District

2002: Most outstanding Physician in Kern County.

2000: Most Outstanding Alumna, Cebu Institute of Technology Alumni Association of
Southern CA

Captain Elsa Penaranda Ang MC, USNR Ret. has been married to Roger Tayson Ang, P. M.E, ME, EE for fifty (50) years. They have three children. David P. Ang, M.D. Brown University, Roger P. Ang,PHD in Information and Computer Science, University of California, Irvine, Nadezna Lyn Ang- Peng, M.D. University of Southern California. They are very proud of their four grandchildren. Christian is at the Maritime Academy, Vallejo, CA. Amanda is at Redlands U. majoring in Speech pathology. Madeline is third year high school, Aptos, CA and baby Mace Peng just turned two years old lives in Hilo, Hawaii

Feb. 8, 2014